# **ACHMCT** NSS SB-14 Regular Activities 2020-2021





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# **World Tobacco Day - NSS UNIT SB-14**

Date:	31 <sup>st</sup> May, 2020(Sunday)
Time:	11:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	15
Organized by:	NSS UNIT SB-14

**Objective:** The World No Tobacco Day is observed every year on 31 May to make tobacco users aware of the opportunity to lead a healthier life. The aim of this day is to spread awareness about the dangers of using tobacco and how health problems can be tackled by doctors when one quits smoking

### Photo of session



Solution So

Mr. Shailesh Salunkhe (NSS UNIT SB-14)





ENVICE SET

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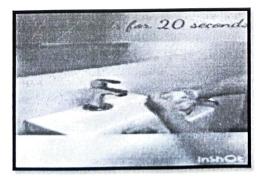
### Wash Your Hands for 20sec- NSS UNIT SB-14

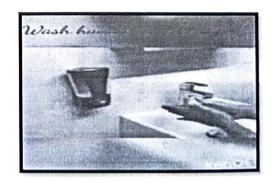
Date:	20 <sup>th</sup> June, 2020 (Saturday)
Time:	10:00 A.M
Platform:	Online – Facebook
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	01
Organized by:	NSS UNIT SB-14

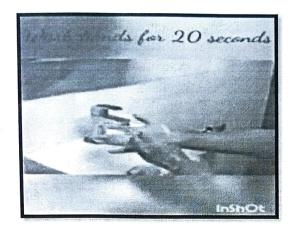
<u>Objective:</u> To make awareness of washing hands with soap\_removes germs from hands. This helps prevent infections because: People frequently touch their eyes, nose, and mouth without even realizing it. Germs can get into the body through the eyes, nose and mouth and make us sick. Presented by a student Ms. Rano Vishwakarma.

### Photos of session

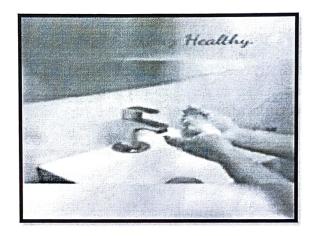












Mr. Shailesh Salunkhe (NSS UNIT SB-14)







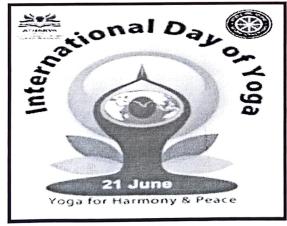
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# International Yoga Day- NSS UNIT SB-14

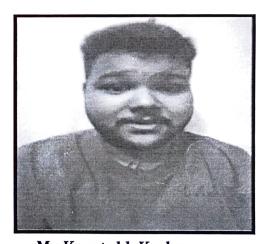
Date:	21th June, 2020 (Sunday)
Time:	10:00 A.M
Platform:	Online – Facebook
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	04
Organized by:	NSS UNIT SB-14

#### Objective:

- o International Day of Yoga aims to raise awareness worldwide of the many benefits of practicing yoga.
- It aims to develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.
- o aims to educate people about the various means of overcoming stress naturally without resorting to any artificial medicine.



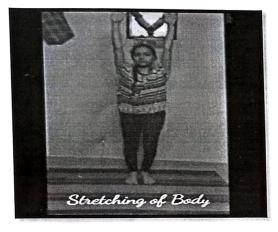
**Photos of Session** 



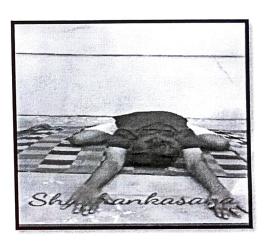
Mr. Kaustubh Kaslay



Mr. Aniket Lanke



Ms. Manasvi Jadhav



Mr. Anil Jagtap

Mr. Shailesh Salunkhe (NSS UNIT SB-14)







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### How to make Homemade Hand Sanitizer- NSS UNIT SB-14

Date:	28 <sup>th</sup> June, 2020 (Sunday)
Time:	11:00 A.M
Platform:	Online – Facebook
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	01
Organized by:	NSS UNIT SB-14

**Objective:** Remove or destroy potentially harmful micro-organisms, prevent the hands in becoming a vector of cross infection, Render the hands socially clean in order to continue the delivery of health care. Presented by one the student Mr. Kaustubh Kaslay.

#### Photos of session

Homemade Sanitizer Presented By Kaustubh Santosh Kaslay

NSS - SB 14







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#### **Face Mask Distribution- NSS UNIT SB-14**

Date:	11 <sup>th</sup> July, 2020 (Sunday)
Time:	10:00 A.M
Platform:	Online – Facebook
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	06
Organized by:	NSS UNIT SB-14

<u>Objective:</u> Face Mask Distribution was done by 6 students of NSS Group to help out people and to explain the importance of wearing mask in the Covid situation.

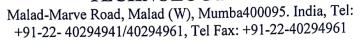
#### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









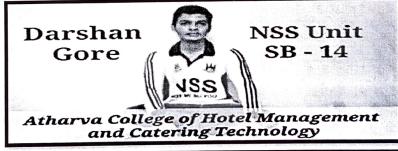
# Homemade face shield- NSS UNIT SB-14

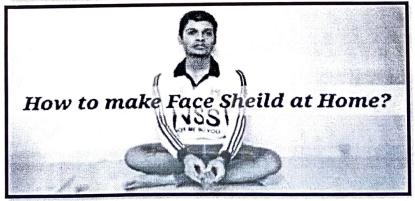
Date:	19 <sup>th</sup> July, 2020 (Sunday)
Time:	12:00 P.M
Platform:	Online – Facebook
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	01
Organized by:	NSS UNIT SB-14

#### **Objective:**

To help people in face coverings limit the volume and travel distance of expiratory droplets dispersed when talking, breathing, and coughing. A face covering without vents or holes will also filter out particles containing the virus from inhaled and exhaled air, reducing the chances of infection and work in the hospitality/ Tourism industry in the competitive market while preparing them with the required skill set for post Covid world. This is made by one of the student of NSS group named Darshan Gore.

#### **Photos of Session**







NSS

# NOT ME BUT YOU

Mr. Shailesh Salunkhe (NSS UNIT SB-14)







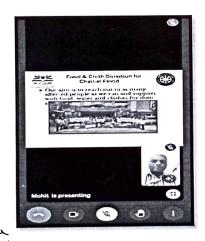
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# Food and Cloth Donation for Chiplun Flood - NSS UNIT SB-14

Date:	5 <sup>th</sup> Aug, 2020 (Wednesday)
Time:	10:30 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	20
Organized by:	NSS UNIT SB-14

Objective: Our aim is to reach out to as many affected people as we can and support with food, water and clothes for their survival.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)







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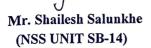
# Flag Awareness - NSS UNIT SB-14

Date:	14th August, 2020 (Friday)
Time:	10:00 A.M
Platform:	Online (Google Meet)
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	20
Organized by:	NSS UNIT SB-14

Objective: It is the roof under which the feeling of nationalism and patriotism flourishes. It represents the hopes and aspiration for the citizen of its country and a symbol of national pride. To make awareness about our Indian Flag with its importance.

### Photo of session













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### Webinar on NSS Day - NSS UNIT SB-14

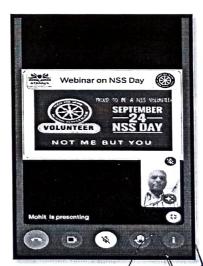
Date:	24 <sup>th</sup> Sep, 2020 (Thursday)
Time:	11:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	20
Organized by:	NSS UNIT SB-14

<u>Objective:</u> To understand the community in which they work. Understand themselves in relation to their community. Identify the needs and problems of the community and involve them in problem-solving.

#### Photo of session



Mr. Shailesh Salunkhe
(NSS UNIT SB-14)









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# Gandhi Jayanti - NSS UNIT SB-14

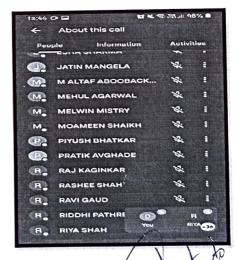
Date:	02 <sup>nd</sup> October, 2020 (Friday)
Time:	11:00 A.M
Platform:	Online (Google Meet)
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	25
Organized by:	NSS UNIT SB-14

Objective: Discuss about Mahatma Gandhi, his virtues, his pride and the reason behind celebrating 2<sup>nd</sup> October as Gandhi Jayanti to mark the birth anniversary of Mohandas Karamchand Gandhi, popularly called Mahatma Gandhi and regarded as the Father of the Nation.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









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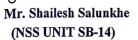
### Seminar on Self Defence - NSS UNIT SB-14

Date:	08 <sup>th</sup> Oct, 2020 (Thursday)
Time:	12:00 P.M
Platform:	Online (Google Meet)
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	15
Organized by:	NSS UNIT SB-14

<u>Objective:</u> Self-defense techniques taught in our programs not only allows teens to defend themselves against physical attacks, it also has diverse benefits for students in their everyday lives. Hard work, loyalty, patience, as well as self-confidence are all important values and principles.

### Photo of session













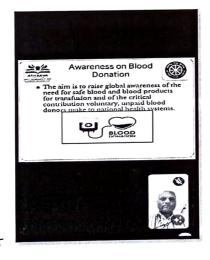
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# **Awareness on Blood Donation - NSS UNIT SB-14**

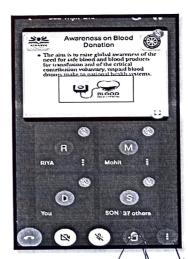
Date:	12 <sup>th</sup> Oct, 2020 (Monday)
Time:	2:00 P.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	22
Organized by:	NSS UNIT SB-14

Objective: The aim is to raise global awareness of the need for safe blood and blood products for transfusion and of the critical contribution voluntary, unpaid blood donors make to national health systems.

## Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









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# Orientation for New Volunteers - NSS UNIT SB-14

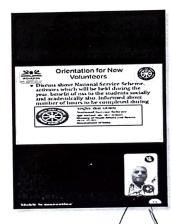
Date:	20 <sup>th</sup> Oct, 2020 (Tuesday)
Time:	10:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	19
Organized by:	NSS UNIT SB-14

Objective: Discuss about National Service Scheme, activates which will be held during the year, benefit of nss to the students socially and academically also, informed about number of hours to be completed during the year.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)







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## National Food Day - NSS UNIT SB-14

Date:	24 <sup>th</sup> Oct, 2020 (Saturday)
Time:	9:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	21
Organized by:	NSS UNIT SB-14

<u>Objective:</u> The main objective of the celebration was to heighten public awareness on the problem of hunger, malnutrition and poverty, as well as focus attention on agriculture and food production.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









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### Waste Management - NSS UNIT SB-14

Date:	13 <sup>th</sup> Nov, 2020(Friday)
Time:	11:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	17
Organized by:	NSS UNIT SB-14

**Objective:** The purpose of the Waste Management is to support sustainable development by promoting the rational use of natural resources, and preventing and combating the hazard and harm to health and the environment arising from wastes.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









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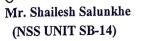
## Paper Bag Making - NSS UNIT SB-14

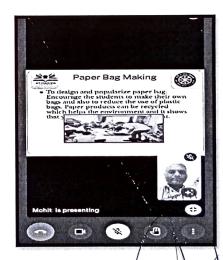
Date:	19 <sup>th</sup> Dec, 2020 (Saturday)
Time:	10:30 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended: Organized by:	16 NSS UNIT SB-14

Objective: To design and popularize paper bag. Encourage the students to make their own bags and also to reduce the use of plastic bags. Paper products can be recycled which helps the environment and it shows that you care about the environment.

### Photo of session













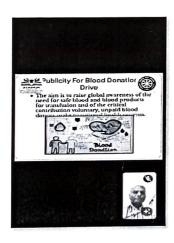
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# **Publicity for Blood Donation Drive - NSS UNIT SB-14**

Date:	28 <sup>th</sup> Dec, 2020 (Saturday)
Time:	1:30 P.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	29
Organized by:	NSS UNIT SB-14

**Objective:** The aim is to raise global awareness of the need for safe blood and blood products for transfusion and of the critical contribution voluntary, unpaid blood donors make to national health systems.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









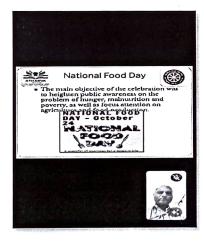
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### National Youth Day - NSS UNIT SB-14

Date:	12 <sup>th</sup> Jan, 2021 (Tuesday)
Time:	11:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	17
Organized by:	NSS UNIT SB-14

<u>Objective:</u> The main aim to celebrate the National Youth Day is to encourage the youths to learn the ideals and teachings of Vivekananda and implement them in their lives.

### **Photo of session**



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









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# Webinar on Importance of Vaccination - NSS UNIT SB-14

Date:	18 <sup>th</sup> Feb, 2021 (Thursday)
Time:	11:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	25
Organized by:	NSS UNIT SB-14

Objective: Vaccines are the most effective way to prevent infectious diseases. If enough people are vaccinated, it's harder for the disease to spread to those people who cannot have vaccines. For example, people who are ill or have a weakened immune system.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









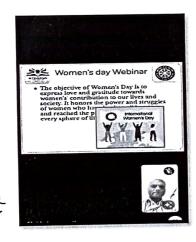
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# Women's Day Webinar - NSS UNIT SB-14

Date:	08 <sup>th</sup> Mar, 2021 (Monday)
Time:	11:30 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	18
Organized by:	NSS UNIT SB-14

**Objective:** The objective of Women's Day is to express love and gratitude towards women's' contribution to our lives and society. It honors the power and struggles of women who have broken all barriers and reached the pinnacle of success in every sphere of life.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)









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### **Tree Plantation - NSS UNIT SB-14**

Date:	21th Mar, 2021(Sunday)
Time:	11:30 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	12
Organized by:	NSS UNIT SB-14

<u>Objective:</u> Tree plantation is significant because it is linked to our basic need for good food to eat and clean air to breathe. Aside from these necessities, they preserve biodiversity, conserve water, preserve soil, and control climate, among other things.

### **Photo of session**



Mr. Shailesh Salunkhe
(NSS UNIT SB-14)







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# Webinar on World Water Day - NSS UNIT SB-14

Date:	22 <sup>nd</sup> Mar, 2021 (Monday)
Time:	10:00 A.M
Platform:	Online- Google Meet
Faculty Name:	Mr. Shailesh Salunkhe
No. of Students attended:	22 NGC IDUT OD 14
Organized by:	NSS UNIT SB-14

Objective: On 22 March every year, people and organizations mark World Water Day by taking action to tackle the water crisis. World Water Day 2021 will focus on the theme, 'Valuing Water'. This focus will extend beyond issues of pricing to include the environmental, social, and cultural value people place on water.

### Photo of session



Mr. Shailesh Salunkhe (NSS UNIT SB-14)



